

# Strengthening Bonds Couples Therapy Study

*Reduced Fee Couples  
Therapy from Licensed  
Professionals*

Are you experiencing unhappiness or problems in your marriage/committed relationship? Have you considered couples therapy as a solution? If so, you may be eligible for discounted couples therapy through our study at **Virginia Tech in Falls Church.**



## **What is the Strengthening Bonds Study?**

The study will assess the benefits of therapy for couples who are experiencing problems or unhappiness in their marriage. You'll receive couples therapy at a discounted fee in exchange for telling us about your experiences.

## **What will the study involve?**

You and your partner will receive 15 weeks of couples therapy at a discounted rate from a licensed therapist. You and your partner will also answer questions about your experience of therapy and about your relationship throughout the 15 weeks and at 2 follow-up appointments.

## **How do I know if I'm eligible to participate?**

Call us at 703-538-8470 and we will ask you and your partner to answer a few questions to see if you qualify. This study is not for you if you or your partner are experiencing physical violence in your relationship, have an active problem with alcohol or other substances, or want to end your relationship.

## **Where will my appointments be?**

For your couples therapy appointments, you and your partner will meet with your therapist in their office in Northern Virginia, DC, or Maryland. For the surveys, you will meet with us at Virginia Tech in Falls Church.



**Virginia Tech**  
7054 Haycock Road  
Falls Church VA 22043  
**Phone:** 703.538.8470  
**Website:**  
[www.nvc.vt.edu/mft/cfs](http://www.nvc.vt.edu/mft/cfs)

For more information or to learn if you qualify for  
discounted couples therapy from licensed therapists in  
the DC metro area, contact us at:

**703-538-8470**